

November  
1979

Nov. 1979

**New York**



**Cycle Club Inc.**

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**CIRCULATION MGR.**

**Mel Shleifer**

**MEMBERS AT LARGE**

**Gary Kryznowek**  
**Bill Knight**

*Ballot for 1980  
Board of Directors  
Next Club Meeting  
Tuesday, Nov. 20th  
Election Results -  
Tallied While You Wait*

*Rinaldo's  
Restaurant  
32 E. 32 St.  
(bet. Park & Mad.)*

*Also: Francis Bollag  
on "Wheels."*



## Rides For The Month



NO RIDE IS TOO SMALL OR TOO LARGE IF THERE IS A LEADER FOR IT.

Everyone is a potential ride leader. Mail your ride information to the ride coordinators.

A Rides to: Gary Krzynowek, 1460 Bronx River Road, Bronx, N.Y. 01472.  
B Rides to: John Lorenz, 459-100 St., Brooklyn, N.Y. 11224.  
C.Rides to: Tony Morano, 31-04 32nd Street, Astoria, N.Y. 11106

Your rides must be handed in to the V.P. Rides no later than at the monthly meeting.

Saturday FIVE EAST RIVER BRIDGES: 25 mi., C ride. Leaders Ken  
Nov. 17 Abrams and Ed Flowers. Start at 10:00 A.M. in front of  
City Hall (Wall Street area). The ride will proceed  
northward across the Brooklyn, Williamsburg, Queensboro, pedestrian  
walkway, and Triboro Bridges and circle back to the starting point  
by way of Newtown Creek and Greenpoint. Discover the islands, creeks,  
canals and little-known pathways of New York. Bring lunch or money  
for extended stop at Roosevelt Island. Abrams: 479-5965; Flowers:  
544-9168. Joint AYH-NYCC ride.

Sunday SEVENTY-FIVE MILE WESTCHESTER HILL-CLIMBER "A" Joint Patch ride with  
Nov. 18 AYH. This ride will be strenuous and to participate you must have  
earned a century patch since July 30 1978. Meet Dave Veder at  
Fordham Road and Grand Concourse at 8:30 AM. Leaving 9:00 AM.  
Earning a patch will require finishing within seven hours.

Sunday GROUP TOUR: Leader, Mel Schleifer. Listen to WCBS weather  
Dec. 2 report, if over 40°C, and no rain or snow forecast, meet  
at Fordham Rd. and Grand Concourse for a scenic ride --  
mileage and destination is to be determined at meeting. Bring or  
buy lunch. Time ride starts: 10:30 A.M. Paced at 10 mph. NYCC ride.

### REGULAR RIDES

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CENTRAL PARK	10:00 A.M. Sat. & Sun.	from Boathouse*
BEDFORD VILLAGE	10:00 A.M.	Sun. from Firehouse.
WHITE PLAINS	9:15 A.M. Sat.	from Milkmaid Diner: at Rosedale & Marmaronack.
LONG ISLAND	10:00 A.M. Sat. & Sun.	from I.U. Willets School Pkg. lot: I.U. Willets & Gna.Wds.
EASTERN LONG ISLAND (Bridgehampton)	10:00 A.M.	Sun. from Soporific Bike Shop, Montauk Hwy. (Rte. 27)

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\*The Boathouse is located on the East Drive of Central Park about 3 blocks north of the Fifth Ave. and 72nd St. entrance.

RIDE RESULTS		TRIP MILES	RIDERS	CLUB'S MILEAGE
1) JUN 24	BIKE TWO BRIDGES	10	14	140
2) JUL 1	SHEEPSHEAD BAY	20	11	298
AUG 17	BRIDGE PARTY	?	BULLETIN LATE	0
SEP 22	FIVE EAST RIVER BRIDGES	25	6	150
" 22	CANTIAQUE TO CAUMSETT PARKS	(40)	RAINED OUT	0
" 23	PLANTING FIELDS	(35)	RAINED OUT	0
" 23	RIDE TO CONNECTICUT	80	8	640
" 23	WESTCHESTER METRIC CENTURY	65	3	195
" 23	" FULL "	110	9	970
" 29	SUNDAY MORNING METRIC. "	(65)	RAINED OUT	0
" 29	ZEN GARDENS	(40)	RAINED OUT	0
" 29	L.I. DOUBLE CENTURY	15	12	180
WAS CANCELLED DUE TO INJURY AND RAIN 1 HOUR AFTER IT BEGUN				
" 30	PIERMONT RUN	(45)	RAINED OUT	0
" 30	DANBURY STATE FAIR	(100)	RAINED OUT	0
OCT 6	CAPITOL RUN 22:17 HR	250	17	4,100
" 7	RAMAPO VALLEY	65	2	130
" 7	BERGEN-PASSAIC FOLIAGE	50	6	300
" 8	COLOMBUS DAY EXPLORER	(35)	RAINED OUT	0
" 14	PELHAM TO SCARSDALE 30 MPH WIND	(50)	CANCELLED	0
" 14	BEAR MTN RALLY(BULLETIN LATE)	95	1	95
" 14	CROTON DAM	75	15	1,125
" 20	INDIAN SUMMER WEEKEND	?	CANCELLED	0

1 & 2 INFORMATION WAS OBTAINED TOO LATE TO INCLUDE INTO 3RD QTLY REPORT LAST MONTH, BUT WILL BE REFLECTED IN ANNUAL TOTALS

\* \* \* \* \*

#### A LOVELY DAY IN BROOKLYN by Louise Kahn

On a beautiful late summer morn, September 8th to be exact, about a dozen "C" riders headed for the hills of Brooklyn -- Boerum, Cobble and Clinton Hill, Park Slope, Brooklyn Heights -- and other communities nestled between the Brooklyn Bridge and Prospect Park. Our informative guide was Ed Moran, a resident of Boerum Hill, who demonstrated a keen knowledge of the history and current background of these recently renewed neighborhoods.

The Brownstone Information Center, headquarters for Brooklyn Union Gas Company's "Cinderella Project" was our first stop. Carol Leshner, Public Relations Director of the Project spoke to us about Brooklyn Union's urban renewal involvement which, while helping to upgrade deteriorating neighborhoods, simultaneously provides Brooklyn Union with more gas-using customers. Brooklyn Union sponsors educational courses which teach the ins-and-outs of home renovation from securing loans to remodeling these old but sound structures. After the talk we toured the lovely, newly renovated, century-old house.

Next, we cycled to Clinton Hill's famed Lafayette Avenue Presbyterian Church, founded in 1857. This elegant house of worship once served 300,000 of Brooklyn's wealthies residents. Today both the economic level of the members and their numbers are greatly reduced. The church now serves about 250 lower and middle income families in the community. The sanctuary's original Tiffany stained-glass windows are renowned as a work of art, magnificent in both color and design.

Cycling and sightseeing helped our appetites grow so we rode to our last stop -- the Dar Lebnan -- one of Atlantic Avenue's finest Mid-Eastern restaurants. We feasted here on ethnic delicacies while reviewing the events of our trip. A good time was had by all.

NOVEMBER'S PROGRAM: "WHEELS, WHEELS, WHEELS"

Lorraine Gewirtz

Francis Bollag, owner of "Kingsbridge Cycle Supply, Inc." will be our guest speaker in the month of the Turkey. Several expert NYCCers claim he's the one to talk to about one of the most essential parts of the bicycle -- the wheel.

Though the bicycle wheel may make our world go round, interestingly the wheel was not always universal. The American Indian didn't have it till the Europeans brought it over. Instead of carts or waggon, our native Americans used a "travois" to carry their goods. The travois was made of two long poles with a connection (e.g., hide) towards the bottom on which their gear was placed. The Indians pulled the travois themselves or attached it to a dog before horses were brought here to become their beasts of burden.

Cyclists more knowledgeable than myself have told me that any moving part on the bicycle is more critical weight-wise than the non-moving parts. Recently I read an article (either in "Bicycling" or the "L.A.W. Bulletin") which refuted this theory. Perhaps I'll learn the truth once and for all on November 20th so that, when I'm eating my Thanksgiving meal, my mind will be at ease.

\* \* \* \* \*

The December General Membership Meeting will be followed by a celebration of the holiday season which we would like to enhance by entertainment by the members for the members. Please contact Lorraine Gewirtz at 832-9073 to discuss your "act". Do come forward, don't be shy. We'll love you!

\* \* \* \* \*

OCTOBER 9, 1970 BOARD OF DIRECTORS MEETING  
SUMMARY OF MINUTES (UNAPPROVED)

- 1.) The December General Membership Meeting has to be held in a basement dining room at Rinaldo's Restaurant, if it is to be held there at all. The Board is still seeking suggestions for alternate dinner/meeting places.
- 2.) The Board voted to propose to the membership on the December ballot an amendment to the bylaws creating the office of Membership Chairman.
- 3.) Ed Flowers, V.P. Rides, is planning on developing suburban "area specialists" to maintain maps and organize all class weekend rides on a rotating basis. He also suggested that the functions of Member-At-Large and Rides Committee Member be combined, thereby affording Rides Committee members with voices on the Board. Further, Ed proposed that a fifth member be added to the Rides Committee (without a position on the Board): that of Rides Statistician.
- 4.) The Board voted to withdraw their proposal for an amendment to the bylaws restricting membership renewals to those members who had participated in three Club rides. The motion to withdraw the proposal passed 5-0-1.
- 5.) The next Board of Directors Meeting will be held on Tuesday, November 13th at 7:15 p.m.

Complete copies of approved minutes are available upon request from Chris Mailing, Secretary, at 870-6190.



## Memo To The Stockholders<sub>we</sub>

### ANOTHER YEAR, ANOTHER ELECTION!

The enclosed ballot is for every member, please use it.

There are two changes in the bylaws (amendments) to be voted upon:

The first simply changes the membership year from the present calendar year to May 1st, April 30th year. There are two reasons for this change. Firstly, the new Treasurer is always bombarded with membership renewals before bank signatures can be changed, and all records transferred. Now the new Treasurer will be fully set up at renewal time. Secondly, the new membership period will enable members who join in the Spring to get the full benefits of a year's membership. The Spring is also the time when we are most likely to attract new members.

The second amendment to the bylaws is to create a new position--Membership Chairman. The description of the job in the ballot is quite complete. The task of intelligently getting new members and establishing them in the club will be handled by this person, giving the effort direction.

Looking ahead we should have a great 1980. The new board will be a mix of old and new members, all eager to move ahead with the business of bicycling. As for me, if I am elected for another term I will not be able to run for president again in 1981--the bylaws forbid it.

Let's all CLAP for Irv's new theory about knee problems--ask him about it!

# N Y C C BALLOT FOR 1980 BOARD OF DIRECTORS

This is your ballot! Use it!

Eligibility for voting is restricted to those who joined the club before the Labor Day weekend, and thus paid full dues for 1979.

Mail your ballot to Bill Hoffman at 53 Claire Avenue, New Rochelle, N.Y. 10804 (envelope provided) before November 14, or bring it to the meeting on November 20th. Bill will bring the unopened ballots to the meeting. Your name must appear on the envelope (printed please) so that it may be checked against the Club roster. The envelopes will be separated from the ballots before the tally begins.

## OFFICERS

### President

\_\_\_ William Cooper  
\_\_\_ John Lorenz

### V.P. Programs

\_\_\_ Ed Flowers

### V.P. Rides

\_\_\_ Irv Weisman

### Editor

\_\_\_ Jim Rex  
\_\_\_ Mel Shleifer

### Treasurer

\_\_\_ Ken Abramson

### Secretary

\_\_\_ Chris Mailing

### Circulation Director

\_\_\_ Diana Bingham

### Members-at-Large (vote for 3)

\_\_\_ Rich Levin  
\_\_\_ Martha Ramos  
\_\_\_ Bill Ya  
\_\_\_ Lorraine Gewirtz

## Amendments to Bylaws (proposed by Board of Directors)

\_\_\_ 1) Article II (Membership), Section 3 (Dues) shall be  
yes amended to read:

\_\_\_ "Annual membership dues shall be \$9.00 per person per  
no year and \$12.00 per couple residing at the same address and receiving only one newsletter, payable to the Treasurer, on or after January 1 of each year. Any member who does not renew membership by April 30 shall no longer be considered a member of the Club. Members joining the Club after Labor Day pay one half the above annual dues".

To be effective with the 1980 membership year. The effective change is in the definition for the membership year, from February 16th through February 15th to May 1st to April 30th.

\_\_\_ 2) Article III (Officers), Section 1 (titles of Officers)  
yes shall be amended to read:

\_\_\_ "The elective officers of the Club shall be: a President, <sup>a Vice President of Programs</sup> a Vice President ~~of Rides~~, a Treasurer, A Secretary, a Membership Chairman, an Editor, a Circulation Manager, and three Members-At-Large of the Board of Directors."

AND section 5 (Duties of Officers) include a new paragraph, (h) to read:

"Membership Chairman. The Membership Chairman shall maintain a roster of Club members, prepare for publication in the Club newsletter, a roster, promote membership in the Club, respond to membership inquiries, acknowledge new members, and manage the acquisition and distribution of Club T-shirts, jerseys, patches and business cards as required."

AND Section 5 (duties of Officers), Paragraph (c) the sentence

"The Treasurer shall keep a roll of the active membership which will be published in the May Club bulletin"

be replaced with the following:

"The Treasurer shall inform the Membership Chairman of any additions to the membership as dues payments are received."

End of Ballot

\* \* \* \* \*

#### STATEMENT BY IRV WEISMAN, CANDIDATE FOR V.P.-RIDES

Since many of our club rides start within the city, we are faced with some miles of urban riding before the truly enjoyable part of the ride begins. It therefore behooves us to develop long-distance capabilities. In addition, in order for our leaders to get their share of riding satisfaction from a day devoted to leading a club ride, we must reduce excessive straggling because it is frustrating to the leader and to the prepared riders who expect to ride at the advertised pace.

To this end, I will encourage leaders to maintain their advertised pace - and not to speed up or slow down too much. And our members are urged very strongly not to go on rides for which they are not prepared, or which will bore them into pushing the pace too high for the other riders.

The question naturally arises, "How do I know whether I am prepared for a ride?"

The past practice of rating our rides by pace, distance, and terrain will be continued. But more to the point, we will have training rides in Central Park (and wherever else we can get leaders to hold them) during March, April, and possibly May so that everyone can achieve the minimum of 25 miles in 3 hours or less. In addition we will hold early season time trials so that the participants can find the pace they like to hold. They will then be in a good position to select the rides appropriate to their capabilities. (An end of season time trial will show what progress was made.)

For the leaders, we plan some pacing training using the Pacer 2000. This dandy little device computes both instantaneous and average speed in addition to RPM, duration of ride, and distance covered. I suspect that some leaders don't know their own strength, and inadvertently rate their rides too modestly. And then, during the ride, they end up grinding some participants into the dust. Other leaders may rate their rides as more difficult than they really are. By having some quantitative data we may be able to rate our rides and our capabilities with a bit less ambiguity and subjectivity than in the past.

In addition to our one day rides, I would like to increase our offerings in the two day weekend rides and the one week vacation tours such as Lorraine & Sherman, Bill Yao, and I led this past season. Two day weekends are theoretically feasible in 3 styles: bike out, bike back; Amtrak out, bike back; cartop out, cartop back. Maybe we can work out a good way to use buses, too.



During this coming year, I hope to encourage the development of more ride leaders. We have some good prospects in some newer members and some of the older members who have become seasoned riders. If I don't contact you first, call me to say you're interested in helping by leading or co-leading during the 1980 season.

I look forward to working with the Board and club members, with Bill Cooper as President, to extend our rides program in 1980. Bill has an open mind, has maintained a good mood in the Board, and is not given to heavy-handedness or a know-it-all attitude. These characteristics, and his extensive experience in working with others, are very valuable assets to keep matters moving harmoniously. I'm voting for Bill Cooper, and hope you will, too.

STATEMENT BY JIM REX, CANDIDATE FOR EDITOR

JIM REX FOR EDITOR !

HAVING LIVED THROUGH THE PARIS-BREST-PARIS EVENT GIVES ME THE CONFIDENCE I CAN EVEN SURVIVE ANOTHER YEAR OF BOARD MEETINGS. HAVING DECLINED AN OCTOBER PRESIDENTIAL NOMINATION TO AVOID CREATING A SURPLUS OF SUCH CANDIDATES AS I'M NOT IN THE HABIT OF RUNNING AGAINST INCUMBENTS TO NEGATE EXPERIENCED HELP. INSTEAD HAVE VOLUNTEERED TO FILL A VACANCY CREATED BY THE SHORTAGE FOR EDITOR. AFTER ALL ANY SELF RESPECTING LEADER SHOULD BE ABLE TO REALIZE HOW TO BE OF MOST HELP ASPIRATIONS ASIDE.

STATEMENT BY MEL SHLEIFER, CANDIDATE FOR EDITOR

The club bulletin is the club forum. If elected Editor, club submissions will be printed, typewritten receiving priority, script only if I have time to type up (which is almost never). Club activities, road rights, technical, tours are the priorities. Articles from Y-O-U have top billing, board next (they're always beating their gums anyway). A published deadline date will be adhered to STRICTLY. I can't promise what kind of bulletin you'll get, that depends on what Y-O-U send in. Nothing in, nothing out! I'll take the liberty to make editorial comments as I did with the bulletins I mailed, but not in the margins. So, VOTE MEL SHLEIFER - EDITOR if you want less statistics; they will be kept OUT of bulletin as much as possible. Low gears allowed only with balanced viewpoint, they do have some merit. Why don't some of YOU put in a case for not so low gears? and other topics?

A COMMENT ON THE BOARD'S PROPOSAL TO LIMIT MEMBERSHIP RENEWAL TO RIDERS ONLY

This commentary by IW is only on what the board passed. The original proposal was "No one be allowed to renew unless they contribute something to the club." That was watered down to what you saw. The logic behind the original was that this is a club and the workload be shared by all for the benefit of all. The time spent by the board is volunteered, and furthermore, most trivia discussed could be dispensed at a regular meeting by a quick vote of the members. The shared workload would foster more comradery among the membership and less of a "they" out there. Since this is a bike

club, what's "holier- than - thou" about going on bike rides? Also to quote IW, " The dues cover the cost of the bulletin; the expense to the club is the extra work of mailing the bulletins. I would hope that the Circulation Manager would be willing to invest the effort of mailing a few extra bulletins - the non-rider may decide to get moving after all."

Well, it's very easy to spend someone else's effort if you only talk the work and not do it. Each extra bulletin requires extra effort to prepare it for mailing, which equals time volunteered for no reciprocal reward. What time is the recipient donating to enhance my pleasure? At least show up on a ride, or add to the bulletin or whatever. IW also proposed time trials which had little interest years ago.

Subsequently, the board in my absence to defend it, rescinded this motion. I consider this quite cowardly, lily livered, etc. especially when it could be put on the ballot and voted without a special election.

\* \* \* \* \*

BIKE COURSE OFFERING: Do you want to overhaul your bike, down to the ball bearings, but don't know how? I've been asked to form a course (for 5 or 6 people), with the classes to be held in a NYCC member's apt. in lower Man. The course will run for 5 weeks and will include hands-on experience plus a separate home visit to correct your errors (hopefully none). Cost \$40. Contact Irv Weisman 70 Marble Hill Ave. Bronx, NY 10463. LO2-7298, 650-8075.

Additional courses are offered by Roger Bergman 879-0740, and American Youth Hostels Bike Committee 431-7100

\* \* \* \* \*

WANTED TO BUY: Woman's or Mixte frame bike, 19" or 21". Good condition. Call Irv.W.

\* \* \* \* \*



## An Endangered Species?

Possibly.

Like other creatures whose habitat is diminished by insensitive expansion of congested humanity, the bicycle, as well as its rider, is fighting for its very existence in its own special habitat—the roadways of America.

Strange, isn't it.

That the bicycle, which was responsible for the development of better roads in America, and today, offers us a pleasant form of energy efficient exercise, recreation, and transportation, should be having such trouble.

Fortunately,

like other delicate creatures in the wilderness, the bicycle has a friend.

The League of American Wheelmen is that friend. Since 1880, the League has been protecting the bicycle.

It's a constant effort and takes resources—like money and people who care.

Join other friends of the bicycle in safeguarding the bicycling environment. Join the League of American Wheelmen.

DO IT NOW! →

**LEAGUE OF  
AMERICAN  
WHEELMEN**



**MEMBERSHIP  
APPLICATION**  
(Please print or type)

☐ New

☐ Renewal

NAME(S)

ADDRESS

CITY

STATE

ZIP

TELEPHONE

**New York Cycle Club, Inc.**  
BICYCLE CLUB AFFILIATIONS

NAMES AND AGES OF CHILDREN

### Check type of membership desired

(\$7.00 of dues is designated for magazine subscription)

- ☐ Sustaining Membership: **\$35.00**
- ☐ Individual Membership: **\$15.00**  
(Age 14 and up)
- ☐ Family Membership: **\$20.00**  
(Two adults and unmarried children to age 21 living at the same address. Include name of each child.)
- ☐ Life Membership: **\$250.00**  
(Installment: **\$25.00** every 3 months)
- ☐ Family Life Membership: **\$375.00**  
(Installment: **\$37.50** every 3 months)
- ☐ Student Life Membership: **\$250.00**  
(Installment: **\$12.50** every 2 months)
- ☐ Library Subscription: **\$7.00**

Note: Overseas memberships \$3.00 additional

I live in the \_\_\_\_\_ Congressional District in the state of \_\_\_\_\_  
Please find my *additional* contribution as indicated to expedite the League's legislative efforts:

☐ \$50    ☐ \$25    ☐ \$ \_\_\_\_\_    ☐ \$15    ☐ \$10

**Enclose check or money order made payable to:**  
**LEAGUE OF AMERICAN WHEELMEN**  
**PO Box 988, Baltimore, Maryland 21203**

I have a friend who is interested in League membership whose name and address I have provided below.

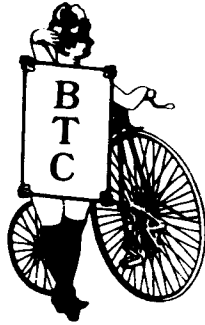
☐ Please forward information    ☐ Gift membership enclosed

(include recipient's name, address, zip code, and telephone number)

Your club officers strongly endorse membership in L.A.W. Many of your fellow club members are L.A.W. members. *Why not join them?*

# BICYCLE TOURS CARIBBEAN

IDEAL WEATHER, ALL LEVELS OF CYCLING



ONE WEEK, LUX HOTEL,  
DECEMBER-JANUARY-FEBRUARY,  
JAMAICA OR NASSAU,  
RT AIR, YOUR BIKE OR RENT,  
CARIBBEAN DUTY BONDS,  
LEADER, MAPS, MORE.

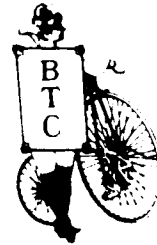
PROVISION FOR NONCYCLING  
FRIENDS AND FAMILY.

WHEN THE WEATHER IS COLD, RAINY, AND OTHERWISE  
INHOSPITABLE TO BIKERS HERE, THE AVERAGE TEMPER-  
ATURE IN THE CARIBBEAN IS 70-80°. PLAN A WEEK  
AWAY FROM THE WINTER SLUSH, ON A LEISURELY BIKE  
TOUR WITH OPTIONAL CHALLENGING LOOPS, THE WARM,  
CRYSTAL BLUE CARIBBEAN WATER AT ONE ELBOW, AND  
SUGAR CANE FIELDS AT THE OTHER.

NORTH-SOUTH TRAVEL PRODUCES NO JET-LAG, SO YOU  
CAN FEEL ALMOST AN ENTIRE EXTRA DAY OF VACATION!

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CALL OR WRITE NOW!

NEW YORK CYCLE CLUB, Inc.  
c/o Mel Shleifer  
P.O. Box 1081  
Mt. Vernon, N.Y. 10551

**FIRST CLASS**